

C CONTENTS

PREFACE	iii
ABOUT THE AUTHORS	v
SECTION 1: PHYSICS AND INSTRUMENTATION	1
1. IMAGE GENERATION	3
1.1. The Piezo-electric effect	3
1.2. Attenuation, reflection, impedance, and duration	5
1.3. Frequency	8
1.4. Ultrasound modes	9
2. EQUIPMENT	13
2.1. Probe selection	13
2.2. Image modulation	16
Gain	16
Depth	17
Focus	18
Freeze, cineloop, and caliper	18
Pre-set settings	18
2.3. Maintenance	19
3. ORIENTATION AND NOMENCLATURE	21
3.1. Orientation	21
3.2. Scanning	24
3.3. Nomenclature	25

4. ARTIFACTS	27
4.1. Shadowing artifact	28
4.2. Enhancement artifact	29
4.3. Refraction artifact	30
4.4. Reverberation artifact	31
4.5. Scattering artifact	33
SECTION 2: IMAGE ACQUISITION AND INTERPRETATION	35
5. LUNG ULTRASOUND	37
5.1. Image acquisition	38
Probe selection	38
Ultrasound technique	39
Orientation	40
5.2. Image interpretation	45
Ultrasound anatomy	45
Pathologies	50
5.3. Tips and pitfalls	64
6. FOCUSED CARDIAC ULTRASOUND	67
6.1. Image acquisition	68
Probe selection	68
Orientation	68
Ultrasound technique	68
6.2. Image interpretation	83
Ultrasound anatomy	83
Pathologies	88
6.3. Tips and pitfalls	100
7. IVC ULTRASOUND	105
7.1. Image acquisition	105
Probe selection	105
Ultrasound technique	105
7.2. Image interpretation	111
Ultrasound anatomy	111
7.3. Tips and pitfalls	113

SECTION 3: PUTTING IT ALL TOGETHER	115
8. SHOCK AND FLUID RESPONSIVENESS	117
8.1. What is shock?	118
8.2. How can shock be treated?	118
8.3. When does fluid increase cardiac output?	118
The role of preload	119
Cardiac output...more than preload	123
8.4. The state of the circulation: putting it all together	125
The added value of an integrated sonographic assessment	125
8.5. Perspective	129
9. INTEGRATION AND ALGORITHM	131
9.1. Summary of ultrasound findings	131
9.2. Algorithmic approach to the patient in shock	133
10. CLINICAL SCENARIOS	139
Case 1: Hypotensive and SOB patient	139
Case 2: Obtunded female patient	141
Case 3: SOB and lung cancer patient	142
Case 4: Chest pain patient	143
Case 5: High velocity trauma patient	144
Case 6: Intubated patient	145
CONCLUSION	147
INDEX	149